

Step-by-Step Instructions on How to Make a Face Mask



SEW & NO-SEW MEDICAL FACE MASK (WITH ILLUSTRATIONS): STEP BY STEP INSTRUCTION ON HOW TO MAKE FACE MASK

★★★★☆ 4.7 out of 5

Language : English
File size : 5182 KB
Text-to-Speech : Enabled
Enhanced typesetting : Enabled
Lending : Enabled
Screen Reader : Supported
Print length : 19 pages



Wearing a face mask is one of the most important things you can do to protect yourself and others from COVID-19. But if you don't have access to a disposable mask, you can easily make your own at home.

Here are the materials you'll need:

- 2 pieces of fabric, each at least 9 inches by 6 inches
- 2 pieces of elastic or ribbon, each at least 12 inches long
- A needle and thread
- Scissors

Once you have your materials, follow these steps:

1. Place the two pieces of fabric together, right sides facing in. Pin the edges together, leaving a 1/4-inch seam allowance.
2. Sew around the edges of the fabric, using a 1/4-inch seam allowance.
3. Turn the fabric right side out. Press the edges of the fabric, folding them under 1/4 inch and pressing again.
4. Thread the elastic or ribbon through the casing at the top of the mask. Tie the ends of the elastic or ribbon together to create a loop that will go around your head.
5. Repeat steps 1-4 to create a second mask.

Your face masks are now complete! To wear a mask, simply place it over your nose and mouth and adjust the loops to fit snugly around your head.

Here are some additional tips for making and wearing a face mask:

- Use a tightly woven fabric, such as cotton or flannel. This will help to block out droplets.
- Make sure the mask fits snugly around your face, but not too tightly. You should be able to breathe easily while wearing the mask.
- Wash your mask after each use. You can machine wash the mask in hot water and tumble dry on low heat.
- Do not share masks with others.

By following these instructions, you can easily make your own face masks to help protect yourself and others from COVID-19.



SEW & NO-SEW MEDICAL FACE MASK (WITH ILLUSTRATIONS): STEP BY STEP INSTRUCTION ON HOW TO MAKE FACE MASK

★★★★☆ 4.7 out of 5

Language : English
File size : 5182 KB
Text-to-Speech : Enabled
Enhanced typesetting : Enabled
Lending : Enabled
Screen Reader : Supported
Print length : 19 pages



Heal Your Multiple Sclerosis: Simple And Delicious Recipes For Nutritional Healing

Are you looking for a simple and delicious way to heal your multiple sclerosis? Look no further! This cookbook is packed with over 100 easy-to-follow...



Myles Garrett: The Unstoppable Force

From Humble Beginnings Myles Garrett's journey to NFL stardom began in the small town of Arlington, Texas. Born in 1995, he grew up in a family where sports were a way...

