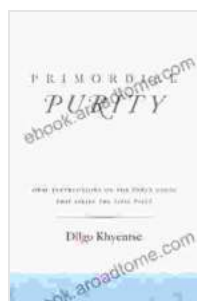


Master the Art of Self-Defense with "Oral Instructions On The Three Words That Strike The Vital Point"

Discover the Ancient Secrets of Self-Defense

In a world where violence and aggression seem to be on the rise, it's more important than ever to know how to defend yourself. While there are many different self-defense systems out there, few are as effective and easy to learn as the ancient art of vital point strikes.



Primordial Purity: Oral Instructions on the Three Words That Strike the Vital Point

★★★★☆ 4.8 out of 5

Language : English
File size : 710 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 120 pages



Vital point strikes are a series of techniques that target the body's most vulnerable areas, such as the eyes, throat, and groin. By striking these points with precision and force, you can quickly and effectively disable an attacker, even if they are larger and stronger than you.

The book "Oral Instructions On The Three Words That Strike The Vital Point" is a comprehensive guide to this ancient art. Written by a master

martial artist with decades of experience, this book teaches you everything you need to know to master vital point strikes, including:

- * The three words that strike the vital point
- * How to identify and target vulnerable areas on the body
- * The proper techniques for delivering a powerful strike
- * How to use vital point strikes in self-defense situations

With clear instructions and detailed illustrations, this book is the perfect way to learn the art of vital point strikes. Whether you're a beginner or an experienced martial artist, this book will help you take your self-defense skills to the next level.

Benefits of Learning Vital Point Strikes

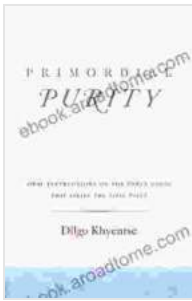
There are many benefits to learning vital point strikes, including:

- * Increased self-confidence
- * Improved self-defense skills
- * Greater awareness of your surroundings
- * Ability to protect yourself and your loved ones from harm

If you're looking for a way to improve your self-defense skills, then learning vital point strikes is a great option. This ancient art is effective, easy to learn, and can help you stay safe in any dangerous situation.

Free Download Your Copy Today

"Oral Instructions On The Three Words That Strike The Vital Point" is available now on Our Book Library.com. Free Download your copy today and start learning the ancient art of self-defense.



Primordial Purity: Oral Instructions on the Three Words That Strike the Vital Point

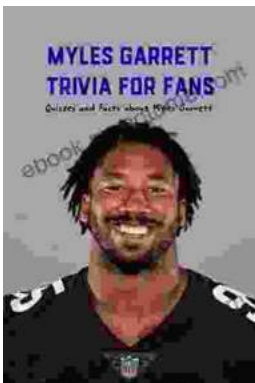
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