

The symptoms of GFTT can vary depending on the underlying cause, but may include:

- Weight loss
- Loss of appetite
- Fatigue
- Weakness
- Confusion
- Depression
- Social withdrawal

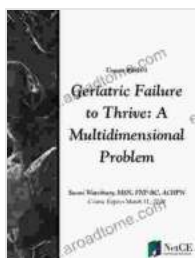
GFTT can be difficult to diagnose because it is often caused by a combination of factors. A thorough medical evaluation is necessary to rule out any underlying medical conditions that may be contributing to the problem. Once a diagnosis of GFTT has been made, a treatment plan can be developed to address the underlying causes and symptoms. Treatment may include:

- Medical treatment for any underlying medical conditions
- Nutritional counseling and support
- Cognitive stimulation and therapy
- Mental health counseling and support
- Social services and support

GFTT is a serious condition that can lead to a decline in quality of life and an increased risk of death. Early diagnosis and treatment are essential to improve outcomes. If you are concerned that an older adult you know may be experiencing GFTT, talk to their doctor or healthcare provider.

References

1. American Geriatrics Society. (2015). Geriatric failure to thrive. Retrieved from <https://www.americangeriatrics.org/about-ags/newsroom/fact-sheets/geriatric-failure-to-thrive>
2. Centers for Disease Control and Prevention. (2020). Geriatric failure to thrive. Retrieved from <https://www.cdc.gov/aging/publications/features/failure-to-thrive.html>
3. National Institute on Aging. (2021). Geriatric failure to thrive. Retrieved from <https://www.nia.nih.gov/health/geriatric-failure-to-thrive>



Geriatric Failure to Thrive: A Multidimensional Problem

★★★★☆ 4.4 out of 5

Language	: English
File size	: 1319 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 78 pages
Lending	: Enabled





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